



PKD Connect Peer Mentor Volunteer Job Description

PKD Connect Peer Mentors provide resources, guidance, motivation, and emotional support to an individual impacted by PKD. Peer mentors are familiar with difficulties associated with polycystic kidney disease (PKD) and are willing to share their own experience with PKD to support and encourage others.

Peer Mentor responsibilities:

- Values the mentee as a person
- Develops mutual trust and respect
- Maintains confidentiality
- Listens both to what is being said and how it is being said
- Helps the mentee solve his or her own problem, rather than give direction
- Focuses on setting realistic goals and guides mentee to achieve those goals
- Offers stability and positive reinforcement in the mentee's life
- Report concerns to PKD Connect Staff immediately
- Does not provide medical advice
- Does not provide crisis intervention

Peer Mentor requirements:

- Has personal experience with PKD as a patient, caretaker, or parent
- Mentoring, social work or counseling background is highly encouraged
- Familiarity with Office 365 and Outlook email platform
- Completion of all onboarding and ongoing training offered by the PKD Connect Mentoring Program staff
- Participation in quarterly calls with PKD Connect staff
- Provide availability for mentoring calls
- Reliable internet connection and smartphone or desktop access

Peer Mentor qualifications

- Commitment to the mission of the PKD Foundation
- Strong interpersonal and communication skills
- The ability to work well with others (PKDF staff, volunteers, constituents, etc.)

- Self-motivated
- Good time management skills
- Basic computer skills
- Excellent active listening skills