



Navigating polycystic kidney disease (PKD) can be difficult, so finding a support group is essential. To further our mission of giving hope, we established local groups called PKD Foundation Communities. Through these communities, patients, family members, and friends can support one another, spread awareness, and raise funds for PKD research.

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### Each Community is Unique

Our volunteers work to provide meaningful opportunities for connection, education, and support. Our communities include:

- Local Communities: communities based in a specific geographic location
- PKD Thrive: a virtual community for young adults with PKD
- PKD Parents: a virtual community for parents of children with PKD and ADPKD

### Volunteer Roles

Local PKD Foundation volunteers organize meetings and activities that connect their communities to PKD Foundation education, support resources, fundraising opportunities, and more.

*Check out these volunteer roles on the back of this page.*

### Community Events

These come in all shapes and sizes. They might be a special presentation from a nephrologist, PKD expert, or dietitian. It might be in person or virtual. The possibilities are endless.

### Walk for PKD

Walk for PKD, hosted by many local communities, is the PKD Foundation's signature fundraising event and the nation's largest gathering of the PKD community.



We inspire hope by leading and convening research and community programs focused on discovering new treatments and, ultimately, a cure for PKD. Find your local community at **[pkdcure.org/community](https://pkdcure.org/community)**

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### **Walk Ambassadors**

These ambassadors are responsible for planning and executing their local Walk for PKD with support from PKD Foundation staff.

### **PKD Connect Ambassadors**

These ambassadors play a vital role in growing connections in local communities across the United States. In this role, volunteers provide support and education for PKD communities, and welcome people who are new to the PKD Foundation, by connecting their local community to Foundation programs and services.

### **Advocacy Champions**

As members of our Advocacy Champions Network (ACN), these individuals engage in formal advocacy efforts with federal policymakers to advance the legislative priorities of the PKD community.

### **PKD Connect Peer Mentors**

These individuals provide resources, guidance, motivation, and emotional support to an individual impacted by PKD. Peer mentors are familiar with the challenges of PKD and support and encourage others through sharing their own experiences.

### **Fundraising Ambassadors**

These ambassadors identify local fundraising opportunities and facilitate fundraising that supports the PKD Foundation's mission.

### **Outreach Ambassadors**

These ambassadors build new bridges between the PKD Foundation and previously underserved communities. Volunteers guide people of color through our resources on disease management, treatment options, and navigating health care systems.

### **The Community Reaction Panel**

These volunteers use their individual experiences with ARPKD or ADPKD (as patients or caregivers) to provide feedback and insight on predetermined topics of interest to the PKD community.

### **PKD Connect Interpreters**

These individuals build a sense of community for non-English speaking patients and families. Volunteers assist with translation and connect people with PKD Foundation programs and services.

### **Stewardship Ambassadors**

These ambassadors help the PKD Foundation share gratitude with donors, thanking them through various types of communication: phone calls, emails, handwritten notes, etc.



Learn more and become a volunteer today.

[pkdcure.org/volunteer-with-us](https://pkdcure.org/volunteer-with-us)

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