

Susan R. Knafel Polycystic Kidney Disease Center
Open House for Patients and Families

Sunday, October 18, 2026 | 1:30 PM–4:30 PM

New Location

Griffis Faculty Club | 521 East 68th Street, New York, NY 10065 | Enter at 1300 York Ave.

Registration is now open. RSVP at <https://cvent.me/WxNGyn> or scan the QR code.



Event Schedule

1:30 PM Open House begins; arrive, enjoy light refreshments, and connect with community members and PKD organizations. **2:00 PM** Introduction. **2:15 PM** Breakout session #1. **3:00 PM** Food and beverage intermission. **3:15 PM** Breakout session #2. **4:00 PM** Continue conversations and build new friendships. **4:30 PM** Open House ends.

Discussion Groups

Advanced CKD: A Clear Map for the Road Ahead
Comunidad de PKD: Conexión y Apoyo en Español*
The Family Conversation: Talking to Your Kids About PKD
The Transplant Roadmap: From “What If?” to “What’s Next?”
Beyond Today: A Front-Row Seat to the Future of PKD Treatment
Building a PKD-Free Family Legacy
Decode Your DNA: What Your Genes Mean for Your Future
Next-Level Nutrition: Advanced Strategies for the PKD Plate

The Tolvaptan Club: Real-World Hacks for a Demanding Drug
Beyond the Kidneys: A Proactive Plan for Your Total Health
The Emotional Weight: A Safe Space to Unload and Recharge
Mastering the Pressure: Advanced Strategies for Blood Pressure Control
Mind & Body: Practical Relaxation and Meditation Techniques
The Double Transplant: Navigating Combined Kidney-Liver Transplants
Front Lines of Science: Conversations with People with PKD Actively Participating in Research Trials

*Breakout meeting is held in Spanish.