



**PKD FOUNDATION**  
Polycystic Kidney Disease

# More ways to GET INVOLVED

Our mission at the PKD Foundation is to give hope. But we need your help. There are many ways you can join the cause. Read below for some ideas and visit [pkdcure.org](http://pkdcure.org) for more.



## ENGAGE WITH US

Subscribe to our emails to learn about the latest in PKD news, including disease management, research, advocacy and more.

 [pkdcure.org/email](http://pkdcure.org/email)

Order a PKD Patient Handbook to learn all about PKD.

 [pkdcure.org/handbook](http://pkdcure.org/handbook)

Check out our education webinars featuring PKD experts on our website resource page.

 [pkdcure.org/resources](http://pkdcure.org/resources)



## TAKE ACTION

Join a local Chapter to give and receive support from others in the PKD community.

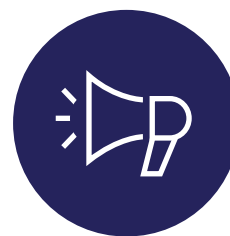
 [pkdcure.org/chapters](http://pkdcure.org/chapters)

Sign up for Advocacy Alerts to get the latest information on important legislation that is important to the PKD community.

 [pkdcure.org/email](http://pkdcure.org/email)

Sign up for Accelerating Clinical Trials (ACT) Alerts to hear about new clinical trials and to learn if you are eligible to participate.

 [pkdcure.org/email](http://pkdcure.org/email)



## RAISE AWARENESS AND FUNDRAISE

Join a local or virtual Walk for PKD — registration for fall events is now open!

 [walkforpkd.org](http://walkforpkd.org)

Get creative — find easy and fun ways to raise awareness and funds with a Fundraise Your Way event.

 [pkdcure.org/teampkd](http://pkdcure.org/teampkd)

Help raise awareness by sharing your story on Voices of PKD.

 [pkdcure.org/shareyourstory](http://pkdcure.org/shareyourstory)

Read and share the stories of others with PKD on our blog.

 [pkdcure.org/blog](http://pkdcure.org/blog)

Connect with us online to help spread the word about PKD.



## BECOME A HERO FOR HOPE

When you become a Hero for Hope, 100% of your monthly donations will go directly to fund PKD research, accelerating our momentum toward more treatments and a cure.

 [pkdcure.org/heroes](http://pkdcure.org/heroes)





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# CHAPTER NETWORK

Chapters are groups of volunteers — PKD patients, family members and friends just like you — who want to learn, connect and take action with other committed individuals. In fact, Chapters have been forming to fight polycystic kidney disease since the 1980s, funding research, telling others about the disease and providing one another with help and hope — a true sense of community.

## ABOUT OUR CHAPTERS

Each year, volunteers in more than 60 Chapters across the United States hold events to raise awareness of PKD and money for the PKD Foundation's programs and services, as well as offer education and support. These volunteers bring to life the mission of the organization by ensuring that no one faces this disease alone.

### *Chapter activities focus on three key areas:*

**Education and Support** Chapters host education meetings throughout the year, bringing in medical experts to discuss nutrition, transplantation, insurance issues and other important topics, and promote education opportunities offered by the PKD Foundation. Chapters provide opportunities for patients to connect and share, helping each other cope with the emotional aspects of a PKD diagnosis, while finding the local resources they need.

**Fundraising** Popular Chapter fundraising events include the Walk for PKD, as well as DIY for PKD events such as garage sales, lemonade stands and in lieu of birthday gifts. Chapter volunteers also help us identify individuals, corporations and foundations interested in financially supporting the work of the PKD Foundation.

**Awareness** Chapter volunteers help raise awareness of PKD by exhibiting at local health fairs, speaking at community events and participating in the Walk for PKD.

Each Chapter aims to have four key volunteer leaders: a Chapter Coordinator, Walk for PKD Coordinator, Education Coordinator and Fundraising Coordinator.

For more information or to connect to a Chapter near you, please visit [pkdcure.org/chapters](http://pkdcure.org/chapters) or call 1.800.PKD.CURE (753.2873).

*Connect with your local Chapter*

 [pkdcure.org/chapters](http://pkdcure.org/chapters)

